Frequently Asked Questions – Oregon

1. **What are “sharps”?**
   “Sharps” is a medical term for devices with sharp points or edges that can puncture or cut skin. Examples of sharps include:
   - **Needle** – a very fine, slender, hollow piece of metal used to inject medication under the skin.
   - **Syringe** – a device which a needle is attached to in order to inject medication into or withdraw fluid from the body.
   - **Lancet** – also called a “finger-stick,” an instrument with a short, two-edged blade used to get drops of blood for testing. Lancets are commonly used in the treatment of diabetes.
   - **Auto injector** – including epinephrine pens – a syringe pre-filled with medication designed to be self-injected into the body.
   - **Infusion set** – tubing system with a needle used to deliver drugs to the body.
   - **Connection needle/set** – needle that connects to a tube used to transfer fluids in and out of the body. This is generally used for patients on home hemodialysis.

2. **Why is safe sharps disposal important?**
   Each year approximately 9 million sharps users will administer at least 3 billion injections outside healthcare facilities. Sharps that are not disposed of safely may cause injury.

3. **Should I put my used sharps in a container before I get rid of them?**
   Yes. Per Oregon state regulations, used sharps—including those that retract after use or are very small—must be placed in a red sharps container or other strong, plastic container that is red. Seal the lid with duct tape and label "DO NOT RECYCLE."

4. **What do I do with my sharps container once it’s sealed?**
   Residents must take sealed containers to a drop-off site or arrange a mail-back service. Visit SafeNeedleDisposal.org for local information. Use the ZIP Code search or click your state to learn about various disposal options.

5. **What should I do to dispose of used sharps if I live or work or am traveling to an area that does not let me place them in the household trash?**
   If local regulations do not allow a used sharps container to be disposed of in the household trash, SafeNeedleDisposal.org will provide information on alternatives. Options may include taking used sharps to a drop-off site, to a hazardous waste collection site, or participating in a mail-back program.

6. **Can used sharps—or used sharps containers—be put in the recycling?**
   No. Used sharps can NEVER be recycled—either on their own or sealed in a strong, plastic container.

7. **If I use a needle clipper or destroyer to remove the needle from a syringe, can I throw the syringe in my household trash?**
   Yes, once you have safely removed the needle from the syringe, the remaining plastic piece can be placed directly in your household trash.

8. **Can I put lancets, or sharps that retract, directly in the trash?**
   No. Lancets and sharps that retract should be placed in a strong, plastic container prior to disposal, just like any sharps.

9. **Where can I find more information on sharps disposal?**
   For more information, visit SafeNeedleDisposal.org. SafeNeedleDisposal.org is a project of NeedyMeds, a national 501 (c)(3) non-profit organization that provides healthcare information to consumers. In addition to information on local guidance and disposal facilities, the website offers a wealth of information, including discussion on the types of sharps, types of container options available to sharps users, and various take back and collection programs available.